



By Dr. Telly Kamelia

If you only need the buying answer

The current print listing for **Understanding Human Sexuality** sits almost even with the sampled 180-day digital price, so this is not one of those cases where print clearly beats every other format on cost alone. If you only need the book for one course and want the cheapest verified short-term path, the digital option is a little cheaper. If you expect to annotate heavily, return to the material later, or simply prefer learning from a physical text in a topic that mixes science, relationships, identity, and public-health issues, the current print price is close enough to make ownership a reasonable choice.

Format	Source	Price
Print	Merybook	\$61.99 Check price
eText (180 days)	VitalSource	\$60.00 Check price
Brand-new print	eBay	\$64.00 Check price

What that pricing means in practice is simple: digital wins by a very small margin if your only goal is to spend as little as possible for one semester, but the current print listing is close enough that the ownership argument becomes stronger than it usually is for a general education text. You are not paying a large premium for the physical book here. You are mostly choosing between temporary access and a copy you can mark up, revisit, and keep.

What this book actually teaches

This textbook is built to introduce students to human sexuality as an academic field rather than as a loose collection of opinions or cultural talking points. A good sexuality text has to do several jobs well at once: explain anatomy and physiology clearly, present sexual development across the life span, address intimacy and relationships without collapsing into self-help language, and deal responsibly with gender, orientation, reproduction, health, and sexual decision-making. That balance is the real

value of the book.

In classroom terms, the strongest use case for a book like this is that it helps students connect biological material with psychological, relational, and social frameworks. It is not just a glossary exercise. It asks students to think across levels: body systems, development, identity, family, culture, ethics, and health behavior. That is why many students still benefit from reading this kind of material on paper. When a course moves quickly across sensitive topics, a physical book often makes it easier to slow down, mark definitions, and revisit sections that deserve more care than a quick digital skim.

Who should buy print and who should not

Buy the print copy if you prefer reading closely, expect to annotate, or want a keepable reference for later work in health education, counseling, psychology, or related social-science study. Choose digital instead if this is a one-course requirement and your goal is simply to get through the semester at the lowest verified cost. Because the price gap is so small, this is really a study-style decision more than a budget emergency.

Sources checked

- [Merybook print listing](#)
- [VitalSource digital listing](#)
- [eBay market search for ISBN 9781264296774](#)