

SECOND EDITION



By Dr. Telly Kamelia

Key Decision Summary

- **Edition Fit:** ISBN 9781284227116 matches the second edition of *Nutrition Research: Concepts and Applications*.
- **Cheapest Route:** The 120-day rental is the cheapest option in this snapshot.
- **Best Ownership Value:** The current print listing is still below the sampled new-print comparators.
- **Reuse Logic:** Print makes sense when research design, critical reading, and evidence use will continue into later nutrition or dietetics work.
- **Price Snapshot Date:** April 15, 2026

If you only need the buying answer

If you only need the book for one methods course, the 120-day rental at **\$39.99** is the cheapest clean route. If you want a copy to keep for later evidence-based work, the current print listing at **\$58.96** is still a solid ownership value because it stays below the sampled new-print comparators and is not dramatically above rental.

Store	Format	Condition	Price	Link
Merybook	Print	New	\$58.96	Check listing
Stanza Textbooks	Rental	120-day rental	\$39.99	Check price
Walmart	Print	New	\$64.01	Check price
Stanza Textbooks	Print	Buy	\$108.99	Check price

This is a methods decision, and methods books age differently from survey books. Some students only need them long enough to finish one assignment sequence. Others discover later that they want a reliable reference for study design, statistics, interpretation, and evidence use. That split is what makes rental-versus-ownership the real question here.

What this book actually teaches

Nutrition Research: Concepts and Applications is about how nutrition evidence is produced and evaluated. Its value lies in helping students understand study design, statistics, measurement, interpretation, and the logic of reading claims critically instead of passively accepting them. That is exactly the kind of material that can become more useful once students start reading research articles in earnest.

For students in nutrition and dietetics, later coursework often assumes they can interpret evidence rather than merely summarize it. That is where ownership can start to make sense. But if this is only a single required methods course, rental remains the cleaner economic choice.

When print is worth keeping

If you only need short-term access, rental wins. If you expect to keep using nutrition research methods later, the print copy is easy to justify because the ownership premium over rental is modest compared with the chance of future reuse.

Sources checked

- Jones & Bartlett / Ascend Learning product page for *Nutrition Research: Concepts and Applications*, 2nd edition: [psglearning.com](https://www.psglearning.com)
- Current market pricing reviewed on April 15, 2026.