



By Dr. Telly Kamelia

If you only need the buying answer, rental is still the cheapest short-term route, but the current Merybook hardcover is almost identical to Kindle pricing and clearly below the broader hardcover market. For a clinical reference this reusable, ownership still makes good sense.

Current price comparison

Format / Seller	Price	Link
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The key point is that this is not an overpriced hardcover. Rental is cheaper if you only need a temporary semester copy, but the current Merybook listing is roughly tied with Kindle and well below the rest of the sampled ownership market. That makes print easy to justify for anyone who expects to come back to the book.

What this book actually teaches

Kendall's Muscles is valuable because it is not simply an anatomy book. It teaches posture analysis, manual muscle testing, function, pain relationships, and how movement assessment becomes clinically meaningful. Students in rehabilitation fields keep returning to this material because it lives at the border of structure and practice.

That is why the book becomes more useful once labs and clinicals start. The student is no longer just memorizing names. They are trying to see what weakness, posture, compensation, and testing findings actually mean in a living body. A reference like this

gains value through repeated use.

Who should buy hardcover and who should not

Buy hardcover if you are in PT, OT, athletic training, or any movement-rehab track where posture and muscle testing will keep resurfacing. The current hardcover price is strong enough to support ownership.

Choose rental only if you truly need the lowest one-term cost and do not expect to revisit the book later. That is still the cheapest short-term answer.

Sources checked

- Merybook product listing for ISBN 9781975159894
- Amazon pricing snapshots for hardcover, used, and Kindle formats
- eCampus pricing snapshots for new print and semester rental
- Pricing reviewed on April 19, 2026