

# HELPING SKILLS

By Dr. Telly Kamelia

## If you only need the buying answer

The current print listing for **Helping Skills** is the strongest clean ownership route in this snapshot. It is lower than the sampled new-print market, lower than the 180-day eText, and even below the lower used/pre-owned comparator that was sampled. For a counseling-skills book that students often annotate and revisit during practicum or early clinical training, that makes print the easiest recommendation.

Format	Source	Price
Print	Merybook	\$56.12 <a href="#">Check price</a>
Pre-owned print	Walmart Marketplace	\$67.55 <a href="#">Check price</a>
New print	Walmart Marketplace	\$76.71 <a href="#">Check price</a>
eText (180 days)	VitalSource	\$67.99 <a href="#">Check price</a>
eText (lifetime)	VitalSource	\$84.99 <a href="#">Check price</a>
New print	Campus store market	\$99.99 <a href="#">Check price</a>

This is one of the cleaner print-win cases in the current batch. You are not paying extra for the format that actually suits the subject. You are getting the most usable format at the lowest sampled clean price.

## What this book actually teaches

A helping-skills text matters because it teaches students how to move from vague good intentions to actual interpersonal technique. The substance of the course is usually built around attending, listening, reflecting, questioning, summarizing, empathy, boundaries, rapport, and the disciplined structure of helping conversations. Students are not just learning theories; they are learning how to speak, respond, and listen in ways that can later matter in counseling, social work, psychology, and human-services practice.

That is exactly the kind of material many students want to mark up, rehearse, revisit, and carry into practicum. Print often works especially well for skill-building texts because learners return to sample dialogues, process notes, and technique distinctions repeatedly rather than reading in one linear pass.

## **Why ownership makes sense here**

Buy the print copy if you are heading into counseling, clinical psychology, social work, coaching, or any other helping profession where these core interpersonal skills will come back later. I would not overcomplicate this one. The current print listing is cheaper than the realistic alternatives and better matched to the way the book is typically used.

## **Sources checked**

- [Merybook print listing search](#)
- [Walmart market search for ISBN 9781433840838](#)
- [VitalSource search for ISBN 9781433840838](#)
- [General market search for ISBN 9781433840838](#)